

PSYCH-K® An Amazing Breakthrough

By Rita Soman, M.A.

Bridging the gap between motivations & manifestation is easy and fun!

If you are still not where you want to be in your life after all the seminars, self-help books, affirmations and conscious living, the thing you may have left out is reaching your subconscious mind that stores all the beliefs programmed during childhood. The fact is that 95% of everything we think, do, say, feel and believe originates in our subconscious mind!

To reach our goals, it is very important that we reach our powerful subconscious mind and change our limiting subconscious beliefs that limit our success. After years of long search I've finally found a process called, PSYCH-K®, which is easy, quick, and fun in reaching and making a positive impact on the programming of the subconscious mind. It helps you communicate directly with both the conscious and the subconscious minds, so you can change old self-limiting beliefs into new self-enhancing ones that support you! This unique process is a blend of various tools for change, some contemporary and some ancient.

"PSYCH-K® is a user friendly way to rewrite the software of your mind in order to change the printout of your life,"- Robert M. Williams, M.A., Originator of PSYCH-K®

PSYCH-K® is an easy and effective process that can facilitate and increase the "cross talk" between two brain hemispheres, thereby achieving a more **"whole-brained"** state, that is ideal for changing the beliefs at the subconscious level, that limit our success and well being in life.

Why be whole brained?

When right and left hemispheres are in simultaneous communication, the qualities and characteristics of both hemispheres are available to maximize our full response potential to life's challenges.

"The ideal would be to cultivate and develop the ability to have a good crossover between both sides of the brain so that a person could first sense what the situation called for and then use the appropriate tool to deal with it." - Steven R. Covey, Author of "The Seven Habits of Highly Effective People."

Work Smarter, Not Harder!!

People are now realizing that using the old methods of working hard, using will power, repeating affirmations, doing visualizations etc. for self improvement do not bring them the desired results they are seeking. According to latest scientific research, using affirmations and will power can actually sabotage your goals. It is impossible to fight against the subconscious mind, which is a million times faster than the conscious mind. PSYCH-K® can help you turn your motivation into manifestation. Are you ready to take charge of your life now or wait more? It is all up to you

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