

# Basic PSYCH-K®

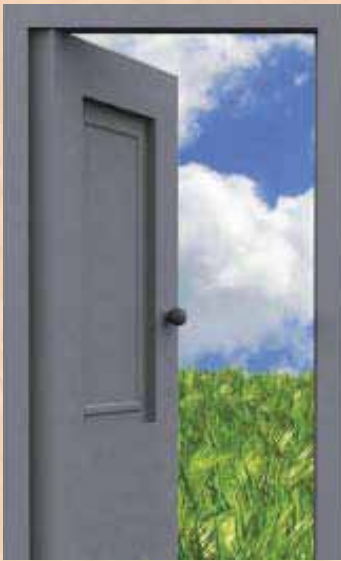
## Workshop (2 Days)

with Rita Soman, M.A.

Certified PSYCH-K® Instructor & Addictions Specialist



## Your Beliefs Establish The Limits Of What You Can Achieve!



Ever wonder why you don't do the "right" things even when you know the right things to do? Does your life reflect the wisdom and information you know and have gained from books, workshops, seminars? Are you tired of getting the same results in spite of working harder to change?

*"The 'secret of life' is BELIEF. Rather than genes, it is our beliefs that control our lives. PSYCH-K® is a set of simple, self-empowering techniques to change your beliefs and perceptions that impact your life at a cellular level."*

*—Bruce Lipton, PhD, Cellular Biologist, and author of Biology of Belief*

PSYCH-K® is a simple and powerful process that engages the 90% of the mind most all transformational processes entirely ignore. It is the "missing link" between the Conscious and the Subconscious mind. PSYCH-K® is a process of personal awakening and spiritual discovery... a gentle reminder that you are the embodiment of the power you seek. It helps with the following:

- \* Prosperity
- \* Health & Body
- \* Relationships
- \* Self-Esteem
- \* Personal Power
- \* Spirituality
- \* Grief & Loss
- \* and more

PSYCH-K® can be used in addition to other methods that you've already mastered.

## Workshop & Registration Information

**When:** Friday **Sept. 25** & Saturday **Sept. 26**, 2009 (9:30 a.m.-5:30 p.m.)

**Where:** 3510 Nuuanu Pali Drive, Honolulu, Hawaii 96817

### FREE Intro Nights

Wed. & Thurs. Sept. 23rd & 24th, 7:30 - 9:30 p.m.

**Price:** \$395 (\$50 student discount available with I.D.)

**For more info call Dr. Raj Kumar:** 808-372-1444, rkumarhi@yahoo.com

**For registration call Rita Soman:** 503-307-3287 www.beliefmantra.com

PSYCH-K® helps you communicate directly with your Subconscious mind, and while using whole-brain integration techniques, change old self-limiting beliefs into new self-enhancing ones that support you, in just minutes. PSYCH-K® processes take you beyond Intention, Positive Thinking, Affirmations, and Will Power!.

## About Rita Soman

With over 30 years of long search as a psychotherapist, I have finally found this amazing process called, 'PSYCH-K', that works practically toward the resolution of any problem that you may have been facing in your life. I can teach you how to go beyond, 'what it is', and 'why it is', to how to make your life better!

I invite to you join me on the journey of 'self discovery & empowerment', and take control of your circumstances by making positive changes in the programming of your 'Subconscious Mind', where all things are possible. By doing that you'll be able to make your vibration to go high, and set the 'Law of attraction', in motion. I guarantee that you'll be very happy that you took this workshop! I am also available for private 1:1 and phone sessions.

## By Attending This Workshop, You'll Learn:

- 3-Step process to unlock the secrets of the subconscious mind
- 5 Steps to change outdated subconscious programs that hold you back in life
- 7 Steps to support subconscious change
- 4 Part process to clarify conscious goals in a way the subconscious can understand and support
- Lots of practice
- At the end of the workshop you'll be a certified PSYCH-K® facilitator